

List of Reinforcers

We will use this checklist for ideas for what you can earn for positive behaviors! We can always go back and change our answers to add more things to the list.

- Sweet foods:**
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- Salty foods:**
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- Sour foods:**
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- Special Eating Privileges:**
 - Eat out at restaurant
 - Go to convenient store
 - Eat outside
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- Homework Pass (get to skip an assignment)
- Going outside for walk with therapist
- Playing game/activity outside
- Playing catch
- Drawing/Coloring
- Watching YouTube videos
- Playing video games
- Listening to music
- Singing karaoke
- Doing yoga
- Having a dance party
- Cooking/Baking
- Going to playground
- OT activities (beanbags, weighted vests, body sock)
- Hanging out with friends
- Going to the library
- Walking the dogs
- Playing with Legos
- Playdoh
- Arts and crafts
- Reading
- Gardening
- Use iPad
- Use Computer
- Make videos
- Alone time
- Temporary tattoos
- Prize box

What things do you HATE and would never want to earn? (like playing board games, play tag, getting tickled, etc.)